

Complementary and Alternative Medicine Resource Guide

Holistic Health Directory

Non-Profit Organizations

- [Academic Consortium for Complementary and Alternative Health Care](#)

The mission of ACCAHC is to create and sustain a network of national complementary and alternative medicine educational organizations and agencies, which will promote mutual understanding, collaborative activities and interdisciplinary health care education.

- [Consortium of Academic Health Centers for Integrative Medicine](#)

The membership currently includes 45 highly esteemed academic medical centers and their mission is to advance the principles and practices of integrative healthcare within academic institutions.

- [International Society for Complementary Medicine Research](#)

The ISCMR is a worldwide not-for-profit professional association whose objective it to foster collaborative research and development as well as the advancement of knowledge in CAM and integrative medicine.

- [The Patient-Centered Outcomes Research Institute \(PCORI\)](#)

The Patient-Centered Outcomes Research Institute (PCORI) is an independent organization created to help people make informed health care decisions and improve health care delivery. PCORI will commission research that is guided by patients, caregivers and the broader health care community and will produce high integrity, evidence-based information.

Government

- [National Center for Complementary and Integrative Health](#)

Web site for one of the institutes and centers that make up the National Institutes of Health. It includes background on CAM (e.g., what is it, how to use it, and how to select a provider), and information on health topics and dietary and herbal supplements.

- [Office of Cancer: Complementary and Alternative Medicine](#)

The Office of Cancer Complementary and Alternative Medicine (OCCAM) is an office of the National Cancer Institute (NCI) in the Division of Cancer Treatment and Diagnosis. OCCAM is responsible for NCI's research agenda in complementary and alternative medicine (CAM) as it relates to cancer prevention, diagnosis, treatment, and symptom management.

- [Office of Dietary Supplements](#)

Part of the NIH, the mission of ODS is to strengthen knowledge and understanding of dietary supplements by evaluating scientific information, stimulating and supporting research, disseminating research results, and educating the public to foster an enhanced quality of life and health for the U.S. population.

- [MedlinePlus: Complementary and Integrative Medicine](#)

A well established web site developed by the National Library of Medicine for health consumers and practitioners. The Integrative Medicine section provides selected resources from the NCCIH site.

- [USDA: Dietary Supplements](#)

This site provides links to general information about dietary and nutritional supplements from both governmental agencies and non-governmental organizations.

Academic CAM Centers / Universities

- [Arizona Center for Integrative Medicine](#)

Their mission is to lead the transformation of healthcare by creating, educating & actively supporting a community of professionals who embody the philosophy & practice of Integrative Medicine.

- [Bastyr University](#)

Academic centers for natural health sciences; offers academic degrees in Naturopathic Medicine, Acupuncture and Oriental Medicine, Nutrition, Herbal Sciences, Health Psychology, Exercise Science and Wellness, and LIOS/Bastyr School of Applied Behavioral

[more...](#)

- [Canadian Institute of Natural and integrative Medicine](#)

A registered charitable organization that conducts scientific research in complementary/alternative medicine (CAM). Projects are funded through private donations and project grants from public funding organizations.

[more...](#)

- [The Continuum Center for Health and Healing an initiative of Beth Israel Medical Center](#)

The Center's vision is comprehensive. It offers various clinical services, professional educational programs, research studies and outreach efforts.

- [Duke Integrative Medicine](#)

"Founded in 2000, Duke Integrative Medicine draws from the very best conventional and complementary/alternative medicine strategies to create a plan to help patients optimize their health.

- [George Washington Center for Integrative Medicine](#)

"The Center for Integrative Medicine at the George Washington University Medical Center is dedicated to creating a healing environment in which patients have access to a variety of complementary and alternative therapies to promote healing and wellness."

- [Johns Hopkins GIM Program in Integrative Medicine](#)
- [Marcus Institute of Integrative Health](#)

Part of Thomas Jefferson University Hospital and Thomas Jefferson University, they bring together the best of conventional medical care with promising complementary approaches to healing.

[more...](#)

- [Mayo Clinic Integrative Medicine and Health Research Program](#)

The Integrative Medicine and Health Research Program was founded in July 2001 as a program within the Department of Medicine at Mayo Clinic.

- [Oregon Center for Complementary and Alternative Medicine In Neurological Disorders](#)

ORCCAMIND is a center without walls committed to complementary & alternative medicine (CAM) research in neurological disorders.

- [Osher Center for Integrative Medicine](#)

"The Osher Center for Integrative Medicine is a collaboration between Brigham and Women's Hospital and Harvard Medical School. It is focused on enhancing human health, resilience and quality of life through translational research, clinical practice and education in integrative medicine."

- [Stanford Center for Integrative Medicine](#)

Started in 1998, the Stanford Center for Integrative Medicine (SCIM) is committed to EB practices.

- [Susan Samuelli Center for Integrative Medicine at UCI](#)

The center provides advance patient care through education, evidence based research and clinical practice applying integrative medical therapies.

- [UCLA Center for East-West Medicine](#)

Founded in 1993 by Dr. Ka-Kit Hui, the Center was established with a vision to provide healthcare that is safe, effective, affordable, and accessible through the integration of the best of Chinese medicine with Western medicine.

- [UCSF Osher Center for Integrative Medicine](#)

The Center offers a dynamic approach to health, healing and prevention by integrating modern medicine with established practices from around the world.

- [University of Colorado Hospital Center for Integrative Medicine](#)

TCIM offers physician-managed care that emphasizes the wellness and healing of the entire person.

- [University of Connecticut Health Center Programs in Complementary and Integrative Medicine](#)

The University of Connecticut Health Center introduced its programs in complementary and integrative medicine in 2004. The goals are to:

[more...](#)

- [University of Maryland School of Medicine Center for Integrative Medicine](#)

Founded in 1991 by Brian Berman, M.D., the Center for Integrative Medicine is an inter-departmental center within the University of Maryland School of Medicine.

- [University of Massachusetts Center for Mindfulness in Medicine, Health Care and Society](#)

The Center was established in 1995 by Jon Kabat-Zinn, PhD. The Center is a natural outgrowth of the acclaimed Stress Reduction Clinic founded in 1979 at the UMass Medical School.

- [University of Michigan Integrative Medicine](#)

An interdisciplinary program commits to the thoughtful and compassionate integration of complementary therapies and conventional medicine through the activities of research, education, clinical services, and community partnerships.

- [University of Minnesota Center for Spirituality & Healing](#)

The Center has been designated by the NIH as a Developmental Center for Research on Complementary and Alternative Medicine, a distinction attained by only five institutions in the U.S.

- [University of New Mexico Center for Life](#)

The UNM Center for Life is an Integrative and Inter-Cultural Center for Prevention and Wellness, treating people with a wide range of health issues, using a vast array of ancient and modern techniques.

- [University of Texas M.D. Anderson Cancer Center's Complementary/Integrative Medicine](#)

Contains evidence-based therapy reviews

Directories & Associations

The following links will direct you to various associations for different CAM groups and directories to find CAM practitioners.

- [AAAOM - American Association of Acupuncture & Oriental Medicine](#)
- [AAMA - The American Alternative Medicine Association](#)
- [AANP - American Association of Naturopathic Physicians](#)
- [AHHA - American Holistic Health Association](#)
- [Alternative Medicine Foundation](#)

Provides professionals and consumers with evidence-based information on alternative and complementary medicine.

- [American Association of Professional Hypnotherapists](#)
- [American Board of Integrative Holistic Medicine](#)
- [American Institute of Homeopathy](#)
- [American Massage Therapy Association](#)
- [American Society of Clinical Hypnosis](#)
- [Associated Bodywork & Massage Professionals](#)
- [FAIM - Foundation for Alternative and Integrative Medicine](#)
- [Holistic Pediatric Alliance](#)

This website promotes an understanding of physical, nutritional, environmental, emotional, and mental well-being as essentials in creating healthy children.

- [National Association of Massage Therapists](#)
- [National Ayurvedic Medical Association](#)
- [National Center for Homeopathy](#)
- [National Certification Board for Therapeutic Massage and Bodywork](#)
- [National Certification Commission for Acupuncture and Oriental Medicine](#)

Internet Guides & Resources

Below are various CAM internet guides and resources aggregated by other groups.

- [Ask Dr. Weil](#)

"Dr. Andrew Weil is a leader in the integration of Western medicine and the exploding field of alternative medicine."

- [Canadian Academy of Manipulative Physiotherapy \(CAMPT\)](#)

A website maintained by the Canadian Physiotherapy Association-affiliated CAMPT.

- [HealthCommunities.com](#)

This website is a comprehensive source of information on alternative treatments and medicines.

- [HerbMed](#)

Provides professionals and consumers reliable evidence-based information on the medicinal use of herbs.

- [Mayo Clinic's Complementary & Alternative Medicine](#)
- [MedlinePlus](#)

Alternative Medicine page with current articles in alternative medicine and links to governmental resources.

- [National Center for Alternative and Complementary Health \(NCCAM\)](#)

The National Center for Complementary and Alternative Medicine at the National Institutes of Health conducts and supports basic and applied research and training and disseminates information on complementary and alternative medicine to practitioners and the public.

- [North American Institute of Orthopaedic Manual Therapy](#)

Dedicated to the advancement of orthopaedic manual therapy.

- [Office of Dietary Supplements - National Institutes of Health](#)

This database, sponsored by the NIH, currently contains more than 320,000 citations to scientific literature.

- [Richard and Hinda Rosenthal Center for Complementary & Alternative Medicine at Columbia University](#)

Provides a resource guide for choosing a practitioner, lists professional organizations, conducts clinical trials, and more.

- [University of Maryland Medical Center's Complementary and Alternative Medicine Guide](#)